

MISSION STATEMENT

The Council on Compulsive Gambling of New Jersey, Inc. (Council) is a private non-profit 501(c)3 organization composed of concerned individuals from diverse backgrounds. The group's primary purpose is to represent the best interest of problem & disordered gamblers and their families, recognizing that problem & disordered gambling is a treatable illness.

The Council focuses on educating the general public, training professionals throughout the state, referring problem & disordered gamblers and their families to treatment, and advocating for increased treatment services for problem & disordered gamblers and their families.

How to Find Help for a Problem Gambler:

Call for help 24 hours per day,
7 days per week –
800-GAMBLER and speak
with a gambling helpline staff member
(All calls are confidential)



Send text to "1-800-GAMBLER"



Visit www.800gambler.org for information,
resources, or live chat



Attend a Gamblers Anonymous (GA)
or Gam-Anon meeting in your area;
meeting locations, times, and dates can be
found by calling 800-GAMBLER
or by visiting our
website at www.800gambler.org



Adolescent & Teen Gambling

Council on Compulsive Gambling of NJ, Inc.

SUPPORT. TREATMENT. HOPE.





WHY DOES AN ADOLESCENT OR TEEN GAMBLE?

- Excitement
- Relaxation
- Escape negative feelings
- Socialization
- A Family Member Gambles

WHAT ARE SOME COMMON CHARACTERISTICS?

- Youth are tech savvy
- A desire for immediate gratification
- Do not fully understand risks
- Still developing control of emotions and impulses

QUICK FACTS:

- Approximately 4-5% of youth ages 12-17 meet one or more criteria for having a gambling problem
- Another 10-14% of youth are considered 'at-risk' for developing an addiction
- In New Jersey over the past 10 years, 12-22% of middle school students report having gambled at least one time in the prior 12 months
- Youths who gamble are more likely to use alcohol or drugs, smoke, and experience depression (MCCG – 2015)

MOST COMMON GAMBLING ACTIVITIES AMONG YOUTH:

- Sports gambling
- Internet Casino
- Poker
- Lottery tickets / Scratch-offs
- Dice



WARNING SIGNS:

- Preoccupation
- Borrowing money
- Selling personal items
- Gambling language used frequently
- Unexplained absences from school
- Neglecting household chores
- Declining grades
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about gambling
- Large amounts of money on hand and showing off
- Bragging about winnings
- Suspected of alcohol or drug use
- Suicidal thoughts

Contact Us:

Council on Compulsive Gambling NJ
3635 Quakerbridge Rd., Suite 7
Hamilton, NJ 08619

Call or Text 1-800-GAMBLER

Visit us on the Web: www.800gambler.org

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