

MISSION STATEMENT

The Council on Compulsive Gambling of New Jersey, Inc. (Council) is a private non-profit 501(c)3 organization composed of concerned individuals from diverse backgrounds. The group's primary purpose is to represent the best interest of problem & disordered gamblers and their families, recognizing that problem & disordered gambling is a treatable illness.

The Council focuses on educating the general public, training professionals throughout the state, referring problem & disordered gamblers and their families to treatment, and advocating for increased treatment services for problem & disordered gamblers and their families.

How to Find Help for a Problem Gambler:

Call for help 24 hours per day,
7 days per week –
800-GAMBLER and speak
with a gambling helpline staff member
(All calls are confidential)



Send text to "1-800-GAMBLER"



Visit www.800gambler.org for information,
resources, or live chat



Attend a Gamblers Anonymous (GA)
or Gam-Anon meeting in your area;
meeting locations, times, and dates can be
found by calling 800-GAMBLER
or by visiting our
website at www.800gambler.org

**Council on
Compulsive
Gambling of NJ, Inc.**

SUPPORT. TREATMENT. HOPE.

Gambling and the LGBTQ Community



Council on Compulsive Gambling of NJ
800-GAMBLER®



QUICK FACTS:

- The LGBTQ community is constantly subject to discrimination, harassment, hate crimes, and stigma - more so than other groups.
- 42% to 49% of gay and bisexual men suffer from a psychiatric disorder.
- The LGBTQ community has a particularly elevated risk of developing gambling problems.

WARNING SIGNS:

- Preoccupation
- Borrowing Money
- Selling personal items
- Irritability, Restlessness, Withdrawal
- Delay payment of bills
- Unexplained absences from work or school
- Using gambling vocabulary in conversations unrelated to gambling
- Neglecting household duties
- Decline in personal hygiene
- Decline in health
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about gambling
- Extreme guilt or shame
- Suicidal thoughts

WHY DO LGBTQ PEOPLE GAMBLE?

- Because it is fun
- A feel-good sense of belonging
- Relief from mental stress
- An effect trauma

SOME ALSO GAMBLE DUE TO:

1. The Winning Phase – Gambling is fun, a temporary escape, and losses are considered ‘Bad Luck.’
2. The Losing Phase – Borrows money to get even, lies escalate, and withdrawal increases.
3. The Desperation Phase – Occurs when the gambler becomes obsessed with obtaining money to cover losses. Severe mood swings, arguments, failing health, and possible criminal activity. Suicide is contemplated as one last escape.

SOME ALSO GAMBLE TO:

- Escape boredom or loneliness; and
- Escape bigotry and homophobia

AND DUE TO:

- A presence of mental health conditions
- Adverse childhood experiences; and
- A susceptibility to a higher rate of impulse control disorder

Council on Compulsive Gambling of NJ
800-GAMBLER

Contact Us:

Council on Compulsive Gambling NJ
3635 Quakerbridge Rd., Suite 7
Hamilton, NJ 08619

Call or Text **800-GAMBLER**

Visit us on the Web: www.800gambler.org
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