## Problem Gambling Identifications & Warning Signs

Geographical Groups		Identifications		Warning Signs
	Youth are tech savvy		Preoccupation	
	A desire for immediate gratification		Borrowing Money	
	Do not fully understand risks Still developing control of emotions and impulses		Selling Personal Items Gambling language used frequently	
	Typically enjoy playing games		Unexplained absences from school	
			Neglecting household chores	
Adolescent & Teens			Declining Grades Alienation from family and friends	
			Inability to cut back or stop gambling	
			Lying to friends and family about gambling	
			Large amounts of money on hand and showing off Bragging about winnings Suspected of alcohol or drug use	
			Suicidal thoughts	
	Bills are not being paid on time or at all because the money is being used to gamble		Preoccupation	
	You are hiding money, checks, bank accounts, and credit cards from gambler in the family		Borrowing Money	
	Creditors constantly call your home The gambler has to rush to get to the mail or be the first to open it		Selling personal items Irritability, Restlessness, Withdrawal	
	The gambler seems emotional distant and preoccupied		Need for action and excitement	
Family	You withdraw from family and friends and make excuses for the gamblers behavior or actions		Defensive attitude	
Family	You lose sleep or your health declines because of worry over bringing up the topic to the problem gambler  Conversation about gambling lead to verbal or physical attacks		Competitive personality Alienation from family and friends	
	Controlled to Section 19 to 19		Inability to cut back or stop gambling	
			Lying to friends and family about gambling Risk-taking behavior	
			Thinking about or committing an illegal act to finance gambling Suicidal thoughts	
Military and Veterans	Can provide a sense of uncertainty, risk, and thrill		Borrowing Money	
	Can be used as a coping mechanism for transitioning back to civilian life, PTSD, or other issues		Selling personal items	
	Shows signs of recreational gambling or substance abuse-related issues prior to or during time of service  May engage in or enjoy excessive risk-taking activites		Irratibility, Restlessness, Withdraw Need for action and excitement	
	Stuggles to control the amount of time, money, or thoughs about gambling			Defensive attitude
				Competitve personality  Alienation from family and friends
				Inability to cut back or stop gambling
				Lying to friends and family about gambling
			Risk-taking behaviors Thinking about or committing an illegal act to finance gambling	
			Thinking a	Suicidal thoughts
		Abnormal vital signs (heart rate and blood pressure)		Stress (leading to heart disease, hypertension, and obesity)
	Substance Use Disorder	Diseases (Hepatits B or C), or HIV from needle sharing		Heart palpitations
		Uninhibited sexual acts	Anxiety	Insomnia
		Frequent hangovers or blackouts  More frequent illnesses		Irritability
	Depression	Increased irritability Unwanted thoughts and frustrations	A 4 494 1 1	Decrease in work productivity
			4 1 1141 1 1 1	Increase in crime
	Depression	Psychiatric disorders	Additional Issues	Increase in crime Increase in poverty
Public Health	Depression		Additional Issues	
Public Health	Depression	Psychiatric disorders Suicide Cirrhosis - liver disease	Additional Issues	
Public Health		Psychiatric disorders Suicide Cirrhosis - liver disease Cancer	Additional Issues	
Public Health	Alcohol	Psychiatric disorders Suicide Cirrhosis - liver disease Cancer Heart attacks Brain Damage	Additional Issues	
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