The Council on Compulsive Gambling of New Jersey, Inc. (Council) is a private non-profit 501 (c)3 organization composed of concerned individuals from diverse backgrounds. The Council’s primary purpose is to represent the best interest of disordered gamblers and their family members / significant others, recognizing that problem and disordered gambling is a treatable illness.

The Council focuses on educating the general public, training professionals throughout the State, and referring disordered gamblers and their family members / significant others to appropriate services. Additionally, the Council offers treatment resources for disordered gamblers and their family members / significant others.

How to Find Help for a Problem Gambler:

Call for help 24 hours per day, 7 days per week – 800-GAMBLER and speak with a gambling helpline staff member (All calls are confidential)

Send text to “I-800-GAMBLER”

Visit www.800gambler.org for information, resources, or live chat

Attend a Gamblers Anonymous (GA) or Gam-Anon meeting in your area; meeting locations, times, and dates can be found by calling 800-GAMBLER or by visiting our website at www.800gambler.org
SPORTS GAMBLING QUICK FACTS:

- Became legal to gamble on sports on June 11, 2018 in New Jersey
- The average annual income for a sports bettor is approximately $74,000 (wepicksports.com)
- Over 118 million Americans wager on sports each year (ESPN)
- In New Jersey, Sports gambling can be done either in person at an authorized venue or online

RISK FACTORS:

- Male
- Athletic
- Ages 18-34
- Substance use / misuse
- Family history of addiction
- Belief in own skill / luck
- Misperception of odds
- Early Start
- Early win

WARNING SIGNS:

- Preoccupation
- Borrowing Money
- Selling personal items
- Irritability, Restlessness, Withdrawal
- Need for action and excitement
- Defensive attitude
- Competitive personality
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about gambling
- Risk-taking behavior
- Thinking about or committing an illegal act to finance your gambling
- Intense pre-occupation with scores and results of games
- Language centers on odds and betting lines
- Suicidal thoughts

Contact Us:
Council on Compulsive Gambling NJ
3635 Quakerbridge Rd., Suite 7
Hamilton, NJ 08619
Call or Text 1-800-GAMBLER
Visit us on the Web: www.800gambler.org
SUPPORT. TREATMENT. HOPE.