## Council on Compulsive Gambling of NJ Compulsive Gambling of NJ Council on Compulsive Gambling of NJ

#### **MISSION STATEMENT**

The Council on Compulsive Gambling of New Jersey, Inc. (Council) is a private non-profit 501 (c) 3 organization composed of concerned individuals from diverse backgrounds. The Council's primary purpose is to represent the best interest of disordered gamblers and their family members / significant others, recognizing that problem and disordered gambling is a treatable illness.

The Council focuses on educating the general public, training professionals throughout the State, and referring disordered gamblers and their family members / significant others to appropriate services. Additionally, the Council offers treatment resources for disordered gamblers and their family members / significant others.

## How to Find Help for a **Problem Gambler:**

Call for help 24 hours per day,
7 days per week –
800-GAMBLER and speak
with a gambling helpline staff member
(All calls are confidential)



Send text to "I-800-GAMBLER"



Visit www.800gambler.org for information, resources, or live chat



Attend a Gamblers Anonymous (GA) or Gam-Anon meeting in your area; meeting locations, times, and dates can be found by calling 800-GAMBLER or by visiting our website at www.800gambler.org

### Council on Compulsive Gambling of NJ, Inc.

SUPPORT. TREATMENT. HOPE.

# **Sports Gambling**



Council on Compulsive Gambling of NJ

SOO-GAMBLER®





#### **SPORTS GAMBLING QUICK FACTS:**

- Became legal to gamble on sports on June II, 2018 in New Jersey
- The average annual income for a sports bettor is approximately \$74,000 (wepicksports.com)
- Over II8 million Americans wager on sports each year (ESPN)
- In New Jersey, Sports gambling can be done either in person at an authorized venue or online



#### **RISK FACTORS:**

- Male
- Athletic
- Ages 18-34
- Substance use / misuse
- Family history of addiction
- Belief in own skill / luck
- Misperception of odds
- Early Start
- Early win



#### **WARNING SIGNS:**

- Preoccupation
- Borrowing Money
- Selling personal items
- Irritability, Restlessness, Withdrawal
- Need for action and excitement
- Defensive attitude
- Competitive personality
- Alienation from family and friends
- · Inability to cut back or stop gambling
- Lying to friends and family about gambling
- · Risk-taking behavior
- Thinking about or committing an illegal act to finance your gambling
- Intense pre-occupation with scores and results of games
- Language centers on odds and betting lines
- Suicidal thoughts

#### **Contact Us:**

Council on Compulsive Gambling NJ 3635 Quakerbridge Rd., Suite 7 Hamilton, NJ 08619

#### Call or Text I-800-GAMBLER

Visit us on the Web: www.800gambler.org SUPPORT. TREATMENT. **HOPE**.