

# Problem Gambling Weekly Phone Meetings

*In an effort to help those members whose meetings have closed as a result of the COVID-19 (coronavirus), the Telephone Conference Call Committee has expanded the Wednesday night meeting to include every night of the week from 9:00-11:00 PM Eastern time. The call in information for the Wednesday night meeting is: Phone Number 712-770-4160 - Access Code 611704#.*

*Access Codes for all other meetings will be updated Wednesday via the Trustee Line on the Trustee website or by request using the following email [telephoneconferencemeeting@gmail.com](mailto:telephoneconferencemeeting@gmail.com). They have also added a meeting to be held on Fridays from 3:00-4:00 PM Eastern time. Call in information will also be provided by Wednesday.*

*Monday 9pm EST. (515) 739-1015 Access code: 613940502#*

*Tuesday 6pm EST - STEP MEETING <https://www.uberconference.com/garys>*

*Optional dial in number: 908-316-8600 No PIN needed*

*Wed 9pm EST. (712) 770 - 4160 Access code: 611704# (Gamblers Anonymous Approved Phone Meeting)*

*Thursday 6pm EST - STEP MEETING <https://www.uberconference.com/garys>*

*Optional dial in number: 908-316-8600 No PIN needed*

*Friday 6pm EST. (605) 475 - 6711 Access code : 3052058*

*Saturday 6pm EST. (218) 339 - 7800 Access code: 6118722*

*Sunday 9 am EST (605) 475 - 6711 access code 3052058*

*Please Note: The Tuesday and Thursday phone meetings are anonymous at the highest personal level. However they are recorded and sent out to Compulsive/Problem Gambling members to learn and share throughout the world. You can opt out of being recorded by merely requesting and the recording will stop for your turn.*

*With the exception of the Wednesday meeting, the other 6 meetings are not recognized by Gamblers Anonymous or any other fellowships and has no direct relationship. However, we may or may not use the past or current Gamblers Anonymous material or any other 12 step fellowships literature.*

*These meetings are for GA, AA, NA and other members that wish to meet to share their experience, strength and hope, about the 12 steps that have changed and improved the quality of their lives.*