

## MISSION STATEMENT

The Council on Compulsive Gambling of New Jersey, Inc. (Council) is a private non-profit 501 (c)3 organization composed of concerned individuals from diverse backgrounds. The Council's primary purpose is to represent the best interest of disordered gamblers and their family members / significant others, recognizing that problem and disordered gambling is a treatable illness.

The Council focuses on educating the general public, training professionals throughout the State, and referring disordered gamblers and their family members / significant others to appropriate services. Additionally, the Council offers treatment resources for disordered gamblers and their family members / significant others.

## How to Find Help for a Problem Gambler:

Call for help 24 hours per day,  
7 days per week –  
800-GAMBLER and speak  
with a gambling helpline staff member  
(All calls are confidential)



Send text to "1-800-GAMBLER"



Visit [www.800gambler.org](http://www.800gambler.org) for information,  
resources, or live chat



Attend a Gamblers Anonymous (GA)  
or Gam-Anon meeting in your area;  
meeting locations, times, and dates can be  
found by calling 800-GAMBLER  
or by visiting our  
website at [www.800gambler.org](http://www.800gambler.org)

# Council on Compulsive Gambling of NJ, Inc.

**SUPPORT. TREATMENT. HOPE.**

## Gambling Treatment & Resources





## WHAT IS PROBLEM / DISORDERED GAMBLING?

Gambling and associated behaviors that continue despite harmful negative consequences often leading to psychological and family issues

## WHAT ARE SOME OF THE WARNING SIGNS:

- Preoccupation with thoughts of gambling and “chasing” losses
- Lying about one’s gambling
- Has tried to stop but unable to do so
- Gambling to escape worry, boredom or trouble
- Restless or irritable when trying to stop

## WHAT IS SELF-EXCLUSION?

- A program to allow people to block themselves from land-based or internet-based legalized casinos in NJ
- This is a helpful tool for those who feel their gambling is starting to become problematic
- Self-exclusion can be done online or in person around the state
- For more information, visit [www.800Gambler.org](http://www.800Gambler.org)  
[www.nj.gov/oag/ge](http://www.nj.gov/oag/ge)  
or call 1-800-GAMBLER

## SELF-HELP GROUPS

- Gamblers Anonymous
- Gam-Anon
- SMART Recovery
- Peer to Peer Support Groups
- Online Support
- Mutual Aid



## TREATMENT OPTIONS:

CCGNJ is seeking to expand its Network of Treatment Providers for individuals with gambling problems and their family members or significant other.

### Services include:

- Individual Counseling
- Family Counseling
- Group Counseling
- Distance Therapy

To access treatment services or to locate self-help resources in your area, call 800 GAMBLER, 24 hours per day, 7 days per week.

## SUPPORT. TREATMENT. HOPE.

### Contact Us:

**Council on Compulsive Gambling NJ**  
3635 Quakerbridge Rd., Suite 7  
Hamilton, NJ 08619

**Call or Text 1-800-GAMBLER**

**Visit us on the Web: [www.800gambler.org](http://www.800gambler.org)**

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