How to Find Help for a Problem Gambler:

Call for help 24 hours per day, 7 days per week – 800-GAMBLER and speak with a gambling helpline staff member (All calls are confidential)

Send text to “I-800-GAMBLER”

Visit www.800gambler.org for information, resources, or live chat

 Attend a Gamblers Anonymous (GA) or Gam-Anon meeting in your area; meeting locations, times, and dates can be found by calling 800-GAMBLER or by visiting our website at www.800gambler.org
QUICK FACTS:

- The first online casino (InterCasino) was established in Antigua in 1996
- There are no official product safety standards or regulations for offshore casinos
- The first internet bingo site appeared in 1998
- The first online poker site (Planet Poker) appeared in 1998
- The number of people playing poker online increased dramatically in the early 2000’s with the rise in popularity and televised coverage of the World Series of Poker
- Internet gambling was legalized in New Jersey in November 2013
- Online casino revenue in NJ brings in approximately $10 million in revenue per month to the casino and just under $2 million per month in taxes to the state of New Jersey (data as of July 2015 – NJ DGE)

WHY IS IT POPULAR?

- Play in the comfort of your home
- Can learn and play for free then transition to real money games
- It is idolized on TV with the image of celebrity status and endorsements
- Fast paced, continuous action
- Customizable gambling experience
- Generous loyalty programs and comps
- Easy access, hidden, and available 24 hours per day, 7 days per week

5 WAYS INTERNET GAMBLING CAN BE MORE ADDICTIVE THAN CASINO GAMBLING.....

1. The use of technology makes gambling available anywhere
2. Temptation is higher since any technology device can become a virtual casino
3. Electronic transfers reduce the sensitivity to losses and can lead to higher rates of ‘impulse’ gambling or chasing
4. Free to play attracts a player to an online game by shifting odds in the player’s favor. When the player shifts to a real money game, the odds shift back to the house
5. The use of virtual Humans lead to feelings of social participation but has the single goal increasing money wagered

WARNING SIGNS:

- Preoccupation
- Borrowing Money
- Selling personal items
- Irritability, Restlessness, Withdrawal
- Need for action and excitement
- Defensive attitude
- Competitive personality
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about gambling
- Risk-taking behaviors
- Thinking about or committing an illegal act to finance your gambling
- Suicidal thoughts

Contact Us:
Council on Compulsive Gambling NJ
3635 Quakerbridge Rd., Suite 7
Hamilton, NJ 08619
Call or Text 1-800-GAMBLER
Visit us on the Web: www.800gambler.org
SUPPORT. TREATMENT. HOPE.