About The Council on Compulsive Gambling of New Jersey, Inc.

501C organization that provides information, education and referral services for people affected by compulsive gambling. The Council actively works toward the acceptance of pathological (compulsive) gambling as a treatable illness. The Council owns and operates the 1-800-GAMBLER® HelpLine, which receives over 20,000 calls yearly, and the www.800gambler.org website, which receives over 70,000 hits monthly.

Is gambling causing a problem for you?

Call 1-800-GAMBLER®

or visit www.800gambler.org.

SPORTS G Yambling

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1-800-GAMBLER
609-588-5515
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**Sports Gambling**

Adolescents gamble frequently on sports (Annenberg)
- 26.4% males bet on sports monthly in 2008, 20.7% in 2007
- Male adolescent weekly sports betters increased from 5% in 2007 to 9.7% in 2008
- Youth have 2-3 times higher compulsive gambling rate than adults

College athletes gamble on sporting events (NCAA)
- 29.5% of male athletes bet on sports last year
- 9.6% of male athletes bet at least once a month
- 2.7% bet at least once a week

Athletes are at high risk for sports gambling
- High levels of energy
- Unreasonable expectation of winning
- Competitive personalities
- High intelligence
- Need for action and excitement
- Ability to play through pain and endure great loss
- Perception of social norms and sense of entitlement

Many athletes appear in the news due to gambling problems
- Gilbert Arenas, Tim Donaghy, Pete Rose
- Charles Barkley, Nikolay Davydenko, John Daly

The ‘Final Four’ in college basketball is the number one betting event for college students

Super Bowl Sunday is the biggest betting day of the year in America.
- Approximately $90 million bet in Las Vegas this year.
- 1-3 percent of total amount bet

Sports pools in the office often introduce people to sports betting i.e., World Series, Super Bowl, March Madness.

**Signs and Symptoms of a Compulsive Gambler**

- Preoccupation with thoughts about gambling
- Asking for larger amounts of money or gambling more frequently
- Personality changes, such as irritability, restlessness and withdrawal
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about how much you gamble
- Borrowing to relieve a desperate financial situation caused by your gambling
- Thinking about or committing an illegal act to finance your gambling
- Suicidal thoughts