

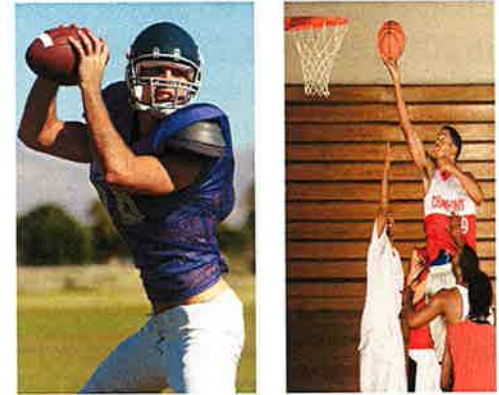
## *About The Council on Compulsive Gambling of New Jersey, Inc.*

The Council is a private, non-profit 501C organization that provides information, education and referral services for people affected by compulsive gambling. The Council actively works toward the acceptance of pathological (compulsive) gambling as a treatable illness. The Council owns and operates the 1-800-GAMBLER© HelpLine, which receives over 20,000 calls yearly, and the [www.800gambler.org](http://www.800gambler.org) website, which receives over 70,000 hits monthly.



Is gambling causing a  
problem for you?  
Call 1-800-GAMBLER©  
or visit [www.800gambler.org](http://www.800gambler.org).

## SPORTS GAMBLING



## PROBLEM AND COMPULSIVE GAMBLING

Council on Compulsive Gambling  
of New Jersey, Inc.  
3635 Quakerbridge Road, Suite 7  
Hamilton, NJ 08619  
609-588-5515  
1-800-GAMBLER  
[www.800gambler.org](http://www.800gambler.org)

## Sports Gambling

### **Adolescents gamble frequently on sports (Annenberg)**

- 26.4% males bet on sports monthly in 2008, 20.7% in 2007
- Male adolescent weekly sports bettors increased from 5% in 2007 to 9.7% in 2008
- Youth have 2-3 times higher compulsive gambling rate than adults

### **College athletes gamble on sporting events (NCAA)**

- 29.5% of male athletes bet on sports last year
- 9.6% of male athletes bet at least once a month
- 2.7% bet at least once a week

### **Athletes are at high risk for sports gambling**

- High levels of energy
- Unreasonable expectation of winning
- Competitive personalities
- High intelligence
- Need for action and excitement
- Ability to play through pain and endure great loss
- Perception of social norms and sense of entitlement

### **Many athletes appear in the news due to gambling problems**

- Gilbert Arenas, Tim Donaghy, Pete Rose
- Charles Barkley, Nikolay Davydenko, John Daly

### **The 'Final Four' in college basketball is the number one betting event for college students**

- Super Bowl Sunday is the biggest betting day of the year in America.
- Approximately \$90 million bet in Las Vegas this year.
  - 1-3 percent of total amount bet

### **Sports pools in the office often introduce people to sports betting i.e., World Series, Super Bowl, March Madness.**



## **Signs and Symptoms of a Compulsive Gambler**

- Preoccupation with thoughts about gambling
- Asking for larger amounts of money or gambling more frequently
- Personality changes, such as irritability, restlessness and withdrawal
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about how much you gamble
- Borrowing to relieve a desperate financial situation caused by your gambling
- Thinking about or committing an illegal act to finance your gambling
- Suicidal thoughts