

MISSION STATEMENT

The Council on Compulsive Gambling of New Jersey, Inc. (Council) is a private non-profit 501(c)3 organization composed of concerned individuals from diverse backgrounds. The group's primary purpose is to represent the best interest of compulsive gamblers and their families, recognizing that compulsive gambling is a treatable illness.

The Council focuses on educating the general public, training professionals throughout the state, referring compulsive gamblers and their families to treatment, and advocating for increased treatment services for compulsive gamblers and their families.

How to Find Help for a Problem Gambler:

Call for help 24 hours per day,
7 days per week –
800-GAMBLER and speak
with a gambling helpline staff member
(All calls are confidential)



Text '800GAMBLER' to 53342



Visit www.800gambler.org for information,
resources, or live chat



Attend a Gamblers Anonymous (GA)
or Gam-Anon meeting in your area;
meeting locations, times, and dates can be
found by calling 800-GAMBLER
or by visiting our
website at www.800gambler.org

Council on Compulsive Gambling of NJ, Inc.

SUPPORT. TREATMENT. HOPE.

Gambling and the Family



YOU ARE LIVING WITH A PROBLEM GAMBLER WHEN...

- Bills are not being paid on time or at all because the money is being used to gamble
- You are hiding money, checks, bank accounts, and credit cards from the gambler in the family
- Creditors constantly call your home
- The gambler has to rush to get the mail or be the first to open it
- The gambler seems emotionally distant and preoccupied and you wonder what he or she is thinking
- You withdraw from family or friends and make excuses for the gamblers behavior or actions
- You lose sleep or your health declines because of worry over bringing up the topic to the problem gambler
- Conversations about gambling lead to verbal or physical attacks.

(Connecticut Council on Compulsive Gambling)

HOW ARE FAMILIES AFFECTED?

- Money problems
- Emotional problems
- Isolation and Relationship problems
- Physical and Mental Health decline
- Problems with coping
- Domestic Abuse / Violence
- Physical and Emotional Abuse

IMPACT ON CHILDREN

- Children can feel neglected, depressed, or angry
- Children become stressed
- The child can turn to substance use / abuse
- The child may believe he or she caused the problem and if they are “good” the problem will go away
- Children may assume the role of primary caregiver
- Children feel the need to ‘take sides’ in arguments



WARNING SIGNS:

- Preoccupation
- Borrowing Money
- Selling personal items
- Irritability, Restlessness, Withdrawal
- Need for action and excitement
- Defensive attitude
- Competitive personality
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about gambling
- Risk-taking behavior
- Thinking about or committing an illegal act to finance your gambling
- Suicidal thoughts

Contact Us:

Council on Compulsive Gambling NJ
3635 Quakerbridge Rd., Suite 7
Hamilton, NJ 08619

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