How to Find Help for a Problem Gambler:

Call for help 24 hours per day, 7 days per week – 800-GAMBLER and speak with a gambling helpline staff member (All calls are confidential)

Text ‘800GAMBLER’ to 53342

Visit www.800gambler.org for information, resources, or live chat

Attend a Gamblers Anonymous (GA) or Gam-Anon meeting in your area; meeting locations, times, and dates can be found by calling 800-GAMBLER or by visiting our website at www.800gambler.org
SPORTS GAMBLING QUICK FACTS:

- Over 118 million Americans gambled on sports. (ESPN 2008)
- 67% of all college students bet on sports (NCPG - North America)
- 44% of 12th grade males reported wagering on sports at least once (NCPG - North America)
- Sports betting is the most popular form of gambling among youth 14-22 years of age (NCPG – North America)

WARNING SIGNS:

- Preoccupation
- Borrowing Money
- Selling personal items
- Irritability, Restlessness, Withdrawal
- Need for action and excitement
- Defensive attitude
- Competitive personality
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about gambling
- Risk-taking behaviors
- Thinking about or committing an illegal act to finance your gambling
- Suicidal thoughts

QUICK FACTS:

- Over 56 million participants in North America in 2015
- 70% are Males with a College Degree or more
- Average age 18 – 39
- 70% cite football as favorite fantasy sport to watch
- Number of participants have doubled over the past 7 years
- Daily Fantasy Sites (DFS) are the emerging trend
- NOT considered gambling according to 2006 Federal ruling but...
- 47% play for money
- Often considered the “Gateway” drug to Sports Gambling
- Fantasy sites are designed to replicate the look and feel of sports betting websites

RISK FACTORS:

- Male, Athlete, age 18-24
- Substance use / abuse
- Family history of addiction
- Belief in own skill / luck
- Misperception of odds
- Easy access to money
- Early start....Early win

Contact Us:
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800-GAMBLER
Text ‘800GAMBLER’ to 53342
Visit us on the Web: www.800gambler.org
SUPPORT. TREATMENT. HOPE.